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Controlled Postpartum-Newborn Simulation With Objective Evaluation Exchanged for Clinical Learning

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1 Postpartum and Newborn Assessment Study:
2 Can Controlled Laboratory Simulation be Exchanged for Learning in Clinical?

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42 Postpartum and Newborn Assessment Study: Can Controlled Laboratory Simulation be
43 Exchanged for Learning in Clinical?

44 Background: Simulation is a widely used teaching strategy. A paucity of evidence exist about
45 evaluating acquisition of formal knowledge gained from simulation participation. This study
46 compared practicing simulated assessments in the CSLC to practice in the clinical setting plus
47 simulation, high/low level of student performance, and evaluated performance. Study variables
48 were assessment, intervention, and critical thinking.

49
50 Methods: Non-equivalent comparison group, post-test only quasi-experimental. 80 undergraduate
51 nursing students individually demonstrated assessments while trained observer scored performance.
52 Students provided written response to 7 questions before debriefing. *T*-tests, ANOVA, and MANOVA
53 compared scores between the two groups. An outlier analysis operationalized high /low student
54 performance. 92 points on both simulations equated to competent performance; lower scores
55 required remediation.

56 Results: No significant differences between the two groups on three study variables. A significant
57 correlation found between postpartum and newborn psychomotor skills in high and low
58 performing students. Average simulation performance score was 83 points.

59 Conclusion: Well-designed simulation can be exchanged for learning in clinical, identify
60 underperforming students, and evaluate performance quality.

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72 Postpartum and Newborn Assessment Study: Can Controlled Laboratory Simulation be
73 Exchanged for Learning in Clinical?

74 Educators are challenged to find ways to assist undergraduate nursing students to
75 assimilate large quantities of specialized knowledge and develop technical skills and critical
76 thinking for safe, high quality care (Institute of Medicine [IOM], 2011). In nursing, learning
77 occurs in a variety of settings including the classroom, clinical workplace, and Clinical
78 Simulation Learning Centers (CSLC). Nursing education values the ‘hands on’ approach to
79 provide students opportunity to apply theoretical learning and hone psychomotor skills in
80 traditional clinical settings (Angel et al., 2000; National Council of State Boards of Nursing
81 [NCSBN], 2005; American Organization of Nurse Executives, 2004). Simulation, which often
82 takes place in CSLCs, has been widely adopted for use in nursing education (Kardong-Edgren et
83 al., 2012). Jeffries (2005, p. 97) defined simulations as “activities that mimic the reality” which
84 can be computer based, encompass role playing, or use interactive videos and mannequins.

85 The literature is replete with evidence that simulation enhances learning and improves
86 client health outcomes (Cant, & Cooper, 2010; Cook et al., 2013; Lapkin et al., 2010; Meyer et
87 al., 2011). The advent of high fidelity manikins possessing digital recording capabilities
88 provides opportunity to implement realistic and real time simulation experiences in a safe
89 environment (Nehring, 2008). A multitude of nurse programs use simulation to replace a portion
90 of time students spend in traditional clinical settings (Hayden, 2010). This shift toward
91 conducting more learning experiences in CSLCs allows for controlled experiential learning to
92 occur as well as ability to evaluate the quality of and numerically score students’ performance
93 and learning. Use of controlled experiential learning is a crucial element of a maternal-newborn
94 nursing course given the unpredictable nature of learning opportunities available to students

95 during a traditional obstetrical clinical rotation (Gantt, 2010). Several reliable instruments to
96 evaluate simulation performance including technical skills, communication, clinical judgement,
97 and professional behaviors are available (Adamson & Kardong-Edgren, 2012; Clark, 2006;
98 Lasater, 2007; Mikasa, et al., 2013). Several of these instruments are designed so that a numeric
99 score, which correlates to the quality of student performance (above or below expectations), can
100 be calculated.

101 Simulation, as a teaching, learning, and evaluation strategy, requires careful study to
102 determine if learning in CSLCs results in similar outcomes as traditional clinical. This study's
103 purpose was threefold: to discover whether there are differences between undergraduate nursing
104 students who only participate in postpartum and newborn simulation(s) and students who
105 experience a traditional maternal-newborn clinical plus this same simulation; discover if
106 differences exist between high and low performing students and; to evaluate the quality of
107 students' performance and critical thinking.

108 **Theoretical Framework**

109 We used the simulation based on language learning, (SIMBaLL Model; Arwood &
110 Kaakinen, 2009) a theoretical framework for designing, assessing, and facilitating learning
111 through simulation. SIMBaLL considers language, cognitive, and social levels of the simulation
112 in relationship to the neurobiological acquisition process of learning to think. Within this model,
113 simulation expectations are aligned with thinking levels. Using what students say and the
114 language they use provides nurse educators a window into the student's thinking. Otherwise,
115 nurse educators who only use observation are making potentially false assumptions about
116 student's knowledge. Box 1 shows the SIMBall Applications.

Literature Review

117
118 The NCSBN (2010) conducted a national simulation use survey in U.S. undergraduate
119 nursing programs. Findings from 1060 undergraduate programs revealed 46% of obstetrical
120 nursing courses incorporated high fidelity simulations, 38% used medium fidelity simulations,
121 and 30% utilized simulations focused on task specific situations (Hayden, 2010). Nurse
122 educators have primarily used simulation as a teaching strategy that places greater emphasis on
123 skill acquisition and student self-efficacy than on student acquisition of higher-order thinking or
124 problem-solving (Kaakinen & Arwood, 2009). Others described a boot camp approach to
125 simulation to teach skills students need prior to placement in authentic clinical settings (Fountain
126 & Spunt, 2006; Gardner & Raemer, 2008; Raines, 2010; Wilford & Doyle, 2006). Few nursing
127 programs used simulation to design learning experiences that required students to synthesize
128 skills into a comprehensive, whole practice situation (Jefferies et al., 2009).

129 Patient outcomes and self-confidence in maternity clinical settings improve when nurses,
130 physicians, and students participate in postpartum-newborn simulation. Several researchers
131 reported fewer medication errors, improved neonatal outcomes, and success placing intravenous
132 catheters after nurses participated in simulated learning experiences (Grobman et al., 2011; Ford
133 et al., 2010; Wilfong et al., 2011). Neonatal outcomes like increased 5 minute APGAR scores,
134 and incidence of hypoxic ischemic encephalopathy improved as did management of shoulder
135 dystocia and cord prolapse when experienced physicians and nurses participated in simulation-
136 based training in obstetrical emergencies (Smith et al., 2013). There was a significant difference
137 between a group of novice nurses and residents who had either didactic teaching or a simulation
138 experience with the simulation group performing better in cases of shoulder dystocia and
139 eclampsia management (Daniels et al., 2010). Nursing students consistently describe increasing

140 self-efficacy and confidence as an outcome of participation in postpartum-newborn simulation
141 experiences (Bantz et al, 2007; Cass et al., 2011; Chung et al., 2011; Fountain & Spunt, 2006;
142 Kim & Shin, 2013; Lee & Kim, 2011; Robertson, 2006; Schoening et al., 2006; Simonelli &
143 Gennaro, 2012).

144 A plethora of research about use of simulation in nursing education exists, however few
145 have evaluated the impact of simulation on students' clinical performance and knowledge
146 acquisition. Hayden et al. (2014) demonstrated learning that occurs in simulation transfers to
147 clinical practice. Similarly, Radhakrishnan et al. (2007) reported a positive relationship between
148 the skill of assessing and monitoring basic vital signs with performance of these skills in clinical.
149 Students' communication skills, knowledge acquisition, clinical competence and performance
150 improved in clinical through participation in simulation (Simonelli, & Paskausky, 2012; Young,
151 et al, 2012). Some researchers evaluated students' performance of basic assessment and
152 technical skills, interventions, communication, clinical judgment, and conceptual understanding
153 during simulated scenarios (Frontiero & Glynn, 2012; Lasater, 2007; Radhakrishnan et al.,
154 2007). Gantt (2010) trialed a way to quantify data recorded on the Clark Simulation Evaluation
155 rubric along with student documentation of patient care based on obstetrical and medical-surgical
156 simulation performance. However, in the U.S. grading of simulation performance is uncommon.
157 When simulation performance is graded, faculty tend to favor a pass/no pass rating versus
158 assigning a score (Hayden, 2010). Gantt (2010) reported using a similar strategy to avoid
159 student anxiety about grades.

160 A trend exists in nursing education toward use simulation to replace a portion of
161 traditional clinical experiences (Hayden, 2010; Hayden et al., 2014). Therefore, there is need to
162 determine whether learning, critical thinking, interventions, and outcomes relative to client care

163 in both of these settings are the same. Additionally, it is important that faculty be able to identify
164 students' simulation performance or thinking that falls below passing as well as objectively
165 evaluate and score these same behaviors. We investigated whether student performance and
166 learning in a simulated setting can replicate student learning and experience in a traditional
167 clinical setting. Our research questions are: 1) is there a difference between the two groups in
168 psychomotor skills, ability to determine appropriate intervention, and think critically in the
169 maternal-newborn setting?; 2) do differences exist between high and low performing students
170 psychomotor skills, ability to determine appropriate intervention, and think critically in the
171 maternal-newborn setting?; 3) can the quality of students' psychomotor skills, ability to
172 determine appropriate intervention, and think critically the maternal-newborn setting be
173 effectively evaluated?

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Methods

175 Following Institutional Review Board approval, this study was carried out at a private
176 university located in the Pacific Northwest. Participants were recruited as a convenience sample
177 from all senior undergraduate nursing students enrolled in a maternal-child course. Students,
178 who were in the third or fourth semester of a five semester nursing program, self-selected a
179 pediatric or maternal-newborn traditional clinical experience. All students completed the
180 postpartum and newborn simulations. Students received a verbal explanation about this study by
181 a faculty and study team member not involved with didactic or clinical teaching, the simulation,
182 or assigning course grades and signed a written consent form. A roster of participant names and
183 corresponding unique identifying code numbers was generated and kept in locked in a filing
184 cabinet with data collected.

Simulation Intervention

186 The postpartum and newborn simulation intervention was developed by a faculty team
187 possessing expertise in maternal newborn nursing, nursing education, NLLT, and use of the
188 SIMBall Model. This simulation incorporated best practices from three bodies of knowledge:
189 The Association of Women’s Health, Obstetric and Neonatal Nurses (AWHONN) Standards for
190 Professional Nursing Practice (2009); The Essentials of Baccalaureate Nursing Education for
191 Nursing Practice (2008) and; policies and standards of nursing practice for maternal-newborn
192 care used by local health systems partners. The simulation design captured students’
193 competency in psychomotor skills and appropriate interventions through performance of
194 postpartum and newborn assessments; critical thinking was demonstrated by written responses to
195 reflection questions.

196 Students self-selecting the traditional pediatric clinical participated only in the
197 postpartum and newborn simulations and received no further maternal or newborn instruction or
198 experience. Students self-selecting the maternal-newborn clinical completed 90 clinical hours in
199 a traditional clinical setting as well as participated in the same simulation. Toward the end of the
200 pediatric or maternal-newborn clinical rotation all students completed the same timed postpartum
201 and newborn simulation scenarios, which were audio and video recorded. Study participants
202 received no compensation and course grades were not affected because faculty assigning grades
203 was unaware of which students participated. See Box 2 for simulation interventions and Table 1
204 for postpartum and newborn simulation procedures.

205 **Study Design**

206 A non-equivalent comparison group, post-test only quasi-experimental design was used
207 to compare two groups of students: those receiving only the postpartum and newborn simulations

208 vs. those receiving both 90 hours of traditional maternal-newborn clinical instruction plus the
209 simulations. This study's variables of interest were nursing assessment, intervention, and critical
210 thinking in conducting postpartum and newborn assessments.

211 **Data Collection and Statistical Analysis**

212 Four data collection tools were developed by the faculty team: the postpartum assessment
213 and newborn assessment check-off form(s); the Situation Background, Assessment,
214 Recommendation (SBAR) report form; and seven written reflection questions. Content validity
215 of each data collection tool was established through review by a panel of expert maternal-
216 newborn nurses. All tools were piloted, tested, and revised prior to use in this study. Data
217 collection tools were tested for inter-rater reliability via intra-class correlation (ICC) between
218 individual raters and further assessed with one researcher reviewing 15 (18%) of randomly-
219 selected video and audio recordings of student assessments against postpartum-newborn check-
220 off forms. Inter-rater reliability was evaluated using a two-way mixed, consistency, average-
221 measures ICC (Hallgren, 2012). The degree to which coders provided consistency in their ratings
222 of randomly-selected video recordings was in the excellent range (ICC = .91) indicating coders
223 had a high degree of agreement between ratings. Points were assigned to all items listed on the
224 two check-off forms. Table 2 details simulation scoring procedures. Tables 3 provides examples
225 of post-simulation clinical thinking reflection questions.

226 Statistical tests used to analyze data include: descriptive and frequency statistics; *t*-tests to
227 evaluate differences between the groups in assessment skills, determination of interventions, and
228 critical thinking; *t*-test and correlations to determine differences between high-performing and
229 low performing students in assessment skills, determination of interventions, and critical

230 thinking; two-way analysis of variance (ANOVA) to evaluate interaction between the clinical
231 groups, level of student semester (3rd vs. 4th semester students) and; a multivariate analysis of
232 variance (MANOVA) to assess differences between psychomotor and critical thinking to
233 determine the effectiveness of simulation to evaluate students' levels of performance.

234 **Results**

235 Eighty-five students were enrolled in the maternal-child course, and 82 (96%) voluntarily
236 participated in this study. Of the 82 original participants, two withdrew for personal reasons
237 leaving a final sample size of 80. Participants were primarily female (86.3%) with a mean age of
238 24.01(± 6.06) years and in the fourth semester of a five semester nursing program. Forty-one
239 (51.2%) participants completed a traditional pediatric clinical and 39 (48.4%) a traditional
240 maternal-newborn clinical. A-priori power analysis based on three variables with a medium
241 effect size, alpha level of .05, and power of .8 indicated 76 students were required in each of the
242 two groups for a total of 152 student participants. The final calculated total effect size between
243 the two groups (N = 80) for the overall score (postpartum final score plus newborn final score)
244 was .024, indicating very small differences between the two groups on their overall scores. Table
245 4 details descriptive statistics.

246 **Research Question One**

247 We found no significant differences between the simulation plus maternal-newborn
248 clinical group and the simulation-only group in the study variables, indicating both groups
249 demonstrated equal levels of skill and ability to appropriately intervene. *T*-test results revealed
250 no significant difference between these groups on assessment skills as measured for postpartum
251 assessment ($t_{(79)} = -.516, p = .609$) and newborn assessment ($t_{(79)} = -.483, p = .632$) checklists.

252 Ability to determine appropriate interventions and think critically, evaluated by postpartum and
253 newborn written scores, were equivalent in both groups ($t_{(79)} = -.838, p = .405$ and $t_{(79)} = -.481, p$
254 $= .632$ respectively). No significant differences were noted in overall total scores (assessment
255 plus written scores) for postpartum total score ($t_{(79)} = -.361, p = .719$) or newborn total score ($t_{(79)}$
256 $= .087, p = .931$).

257 A 2-way ANOVA was performed to determine if a combined effect existed between
258 students in the simulation plus maternal-newborn clinical group or the simulation-only group and
259 their semester in the nursing program. No interaction was noted between third and fourth
260 semester students and the type of clinical experience on their psychomotor performance or
261 critical thinking ($F_{(3,76)} = .334; p = .801$). MANOVA was used to simultaneously compare the
262 two clinical group's psychomotor performance and critical thinking. Findings from this analysis
263 were not significant ($F = .580; p = .628$), indicating no relationship between the two clinical
264 groups and their final postpartum and newborn simulation scores.

265 **Research Question Two**

266 Study findings support the research teams assumption that differences exist between high
267 and low performing student's ability to assesses, appropriately intervene and think critically was
268 supported. An outlier analysis was designed which operationalized high performing students as
269 one standard deviation above the total mean simulation score (83 points) and low performing
270 students one standard deviation below this same mean score. Total postpartum and newborn
271 scores were calculated by adding points achieved on both of these assessments and written
272 reflection questions. A significant correlation was found between postpartum psychomotor skills
273 and critical thinking ($r = .66; p = .001$) and newborn psychomotor skills and critical thinking ($r =$

274 .63; $p = .001$) in both high performing and low performing students. Further analysis to compare
275 differences between psychomotor skills and critical thinking for high and low performing
276 students found no significant differences ($t_{(78)} = -.492, p = .624$; $t_{(78)} = -.554, p = .581$
277 respectively). In other words, high performing students performed well on all three variables and
278 low performing students performed poorly on these same variables.

279 **Research Question Three:**

280 Study findings indicate simulation can effectively evaluate quality of student
281 performance. High-quality student performance was determined by the research team a priori.
282 The research team assumed high quality work is required for the student to deliver 'safe nursing
283 care'. Therefore, level of competence on the postpartum and newborn simulations was
284 established as 92 points or higher, which designated the lowest score equating to 'A' work on a
285 traditional A through F grading scale at the university where this study was conducted.

286 Audio and video recordings were used along with faculty observation on an as need basis
287 to determine if the student completed items on the postpartum and newborn check off forms.
288 This practice was aimed at ensuring the student received all the points earned for their simulation
289 performance. Despite this, evaluation of the total overall score (sum of the postpartum final
290 score and newborn final score) revealed students average simulation performance score to be 83
291 points. Roughly one-quarter of students demonstrated competence with postpartum assessment,
292 intervention, and critical thinking and one-third of students demonstrated newborn competence
293 on these same variables.

294 **Discussion**

295 An important study finding is that no difference exists between students who only
296 practiced postpartum and newborn assessments in the CLSC and students who had a traditional
297 clinical plus simulation in terms of ability to assess, intervene, or think critically. Therefore, the
298 concept that practice in the field is a better learning environment because it is ‘hands on’ was not
299 supported in this study. Similarly, Hayden et al. (2014) reported no significant differences among
300 pre-licensure students completing all clinical hours in a traditional clinical setting and those
301 substituting up to 50% of clinical time with simulation in terms of comprehensive nursing
302 knowledge, clinical performance, and NCLEX-RN pass rates. Radhakrishnan et al. (2007) found
303 no significant differences between students participating in clinical practice without additional
304 practice simulations and those participating in clinical practice plus practice simulations in terms
305 of delegation, communication, and focused assessment.

306 Given the lack of significant difference in thinking and doing between ‘work in the field’
307 and simulation, as noted in this study, it seems logical for nurse educators to use simulation for
308 more than just supporting student’ self-efficacy and psychomotor education. This notable study
309 finding is relevant given current challenges in providing high-quality clinical learning
310 experiences in a milieu fraught with a shortage of nursing faculty, increasing competition for
311 limited clinical sites, restricted numbers of students allowed on a nursing unit, and limiting
312 student clinical activities to observation versus practice (Hayden et al., 2014). In addition,
313 placement in clinical does not guarantee productive learning takes place especially if students
314 spend a majority of clinical hours performing routine care tasks and clinical faculty spend much
315 time supervising students’ performances of hands-on skills versus fostering clinical reasoning
316 (IOM, 2011).

317 This study's second finding that low performing students demonstrated below average
318 ability to assess, intervene, and critically think demonstrates usefulness of simulation to identify
319 'underperforming' students prior to placement in the clinical and allows nurse educators to
320 design and implement remediation strategies tailored for individual students based on their
321 specific learning needs. In this study a striking area of student underperformance was related to
322 following four steps of newborn and mother identification (22% failed to identify mother; 16%
323 failed to verify newborn's birthdate; 15% did not verify placement of two baby bands and; 7%
324 did not verify unique identification number on baby's band matched number on mother's band).
325 Frontiero & Glynn (2012) similarly reported inconsistent patient identification when students
326 cared for more than one patient in a simulated scenario. In response to this noted area of
327 underperformance and subsequent implications related to patient safety, faculty teaching the
328 didactic maternal child course incorporated an authentic case scenario about a newborn being
329 discharged home with the wrong parents. This strategy assisted students recognize how a series
330 of events, in which nurses and other health care providers did not follow policies and procedures
331 for newborn identification during the hospital stay or upon discharge, resulted in this outcome.
332 A faculty guided discussion ensued to help students identify: points of care where unit policy
333 related to newborn identification were not followed; reasons why the policy may not be adhered
334 to; personal, emotional, and financial costs associated with improper identification; and, actions
335 nurses should take to mitigate a repeat of this scenario. Additionally, during a required
336 preconference maternal-newborn simulation students rotated through a faculty guided skills
337 station which required hands-on demonstration of the four elements of postpartum-newborn
338 identification. As a result, students' performance on this aspect of the newborn simulation was
339 notably improved.

340 Evaluation of the quality of individual student performance and subsequent correlation to
341 letter grades on a traditional grading scale was an important component of this study considering
342 faculty tend to be cautious about grading simulation (Hayden, 2010). Additionally, many
343 researchers continue to use student self-report and end of simulation evaluation to determine
344 quality and effectiveness of learning in simulated scenarios (Darcy et al., 2013; Hayden, 2010;
345 Kardong-Edgren et al., 2012). A surprising study finding, based on objective evaluation by
346 experienced maternal-newborn faculty, was the low number of students demonstrating
347 competence at an 'A' level on both simulations. This, along with the finding that a relationship
348 exists between the 'average' student's psychomotor and written scores, puts to rest the
349 assumption that those possessing excellent psychomotor skills also understand the rationale or
350 critical thinking behind skill performance.

351 In this study, findings indicate students may be able to perform a psychomotor skill
352 without understanding the rationale behind that choice. In turn, this point to the need for
353 instituting a hierarchal scaffolding of simulation experiences in a manner that allows student
354 participation from simple to more complex patient scenarios arranged across topics throughout
355 the curriculum. Use of this curricular change would ensure all student nurses had controlled
356 simulated learning opportunities for improved higher order thinking about complex patient needs
357 such as prioritization of patient care. Another benefit of scaffolding curriculum would be to
358 assess students' abilities to deliver quality patient care. Simulation could be interspersed with
359 classroom knowledge to scaffold theory and clinical practice. The bottom-line is that thinking
360 does not necessarily involve doing. But doing, as in simulation, can be arranged to provide
361 opportunities for higher order thinking and problem solving leading to safer nursing practice
362 (Arwood & Kaakinen, 2009).

363 Limitations

364 Study limitations include convenience sampling, insufficient sample size and number of
365 students in each comparison group. A-priori power analysis indicated 152 participants was
366 required (76 per group). Data analysis revealed a small effect size ranging from .02 to .05 for
367 postpartum, newborn, and total scores. Power analysis post-data-collection revealed a power of
368 .08, indicating such a small effect size would be able to detect a difference between the
369 comparison groups if one actually existed. To attain power of .80, an untenable sample size of
370 nearly 1,000 students would be required. Results do support statistical significance with this
371 study's smaller sample size. Design and implementation of random, inconsistent remediation
372 strategies is another limitation.

373 Conclusions

374 In undergraduate nursing education, well designed simulation can be exchanged for
375 learning that occurs in traditional clinical settings as well as result in positive learning outcomes.
376 Design and use of simulations grounded in learning theory and an assessment model, like
377 Arwood & Kaakinen's (2009) SIMBaLL Model can result in similar and at times better learning
378 outcomes than students might achieve in traditional clinical. Use of evaluation rubrics to score
379 specific actions is another advantage of simulation because they allow objective evaluation and
380 ability to determine the student's level of competency. The practice of audio and video recording
381 simulation supports reflective practice and student learning because it allows for immediate
382 feedback and ability to debrief. Simulation is also beneficial in identifying underperforming
383 students; developing individualized remediation plans; increasing confidence students can
384 provide safe, appropriate nursing care in clinical and; identifying gaps in student learning or
385 understanding that directs course or curriculum refinement. Use of simulation also assists

386 educators overcome barriers associated with tradition clinical like unpredictable or tenuous
387 learning experiences. More research is needed related to faculty attitudes and practice related to
388 grading simulation beyond a pass/no pass rating scale.

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526 Box 1. *SIMBaLL Applications*
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Simulation Task	Cognitive Level of Simulation	Student Language Used	Comments
Freezes; unable to engage in task; unable to respond or imitate a task.	Sensorimotor	No language, Emotionally unable to explain or talk	<ul style="list-style-type: none"> Requires no conceptual learning by the student.
Imitates modeling of psychomotor skills; follows the procedures as given; sequential.	Preoperational	‘Me’, ‘My patient’, ‘I don’t know’ I or Me, First, I do X, then I do, Y, then....;	<ul style="list-style-type: none"> Concepts are about self or about personal needs as a nurse educator to take care of patient
Uses given rules to do a procedure; considers one cluster of issues per patient; or one set of rules per patient; or one patient with several needs.	Concrete	‘I am to put up the head of the bed when patients have difficulty breathing.’ I give X medicine when.... I do what the protocol says	<ul style="list-style-type: none"> Students can explain why he/she is caring for patient needs using rule-like language.
Understands multiple concepts related to a single patient (patient can be treated as a whole, not just as a diabetic patient, postpartum or newborn patient, etc.); Understands multiple medical concepts as a whole, rather than as parts.	Formal	<p>Patient shows X, so that means there are two options; Y is the better option because.....</p> <p>Patient B needs medicine X because it is time for him to have it; I will give him his medicine while Patient C visits with family, then I will see if Patient C is ready for....</p>	<ul style="list-style-type: none"> Students can take patient’s perspective & appropriately deal with simultaneous, complex task through analysis & synthesis of what others need. Student can multitask, perform nursing assessments, ask patient focused assessment questions, & direct another nurse to do something related to the patient.

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532 Box 2. *Simulation Interventions*

Faculty Guide	Student Self-selected
<ul style="list-style-type: none"> • 24 hours of face to face maternal-newborn didactic instruction. • 1 hour reviewing mechanics of Electronic Health Record (EHR). • 1 hour viewing instructional DVD depicting expert nurse performing postpartum & newborn assessments followed by guided discussion. • 3 hours to practice postpartum & newborn assessments & administering newborn vaccine in CLSC under expert faculty guidance. 	<ul style="list-style-type: none"> • Unlimited opportunity to view instructional DVD depicting expert nurse performing postpartum & newborn assessments. • Unlimited opportunity to independently practice postpartum & newborn assessments in CLSC. • Obtain tutoring from expert faculty during specified postpartum & newborn assessment practice session(s) in CLSC. • Review and utilize the same postpartum & newborn simulation check off form(s) faculty used to evaluate simulation performance to guide practice sessions.

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542 Table 1. *Postpartum Newborn Simulation Procedures*

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Student	Expert Faculty Observer
<ul style="list-style-type: none"> • Pediatric clinical students scheduled date to complete simulation midway through 90-hour clinical rotation. • Maternal-newborn clinical students scheduled date to complete simulation at end of 90 hour clinical rotation. 	
<ul style="list-style-type: none"> • Arrived at CLSC 15 minutes before scheduled simulation time. • Arrived appropriately dressed & prepared. • 	<ul style="list-style-type: none"> • Greeted & identified student.
<ul style="list-style-type: none"> • Listened to recorded shift report in quiet room as many times as needed. • Made written notes. 	<ul style="list-style-type: none"> • Oriented student to the simulation procedure. • Demonstrated use of tape recorder. • Explained parameters of listening to report & note taking.
<ul style="list-style-type: none"> • Knocked on door before entering patient room. • Washed hands. • Introduced self and purpose. • Updated information on ‘white board’ 	<ul style="list-style-type: none"> • Voice of postpartum woman & newborn following scripted responses. • Noted start time simulation & initiated audio/video recording. • Completed postpartum & newborn check off forms as students completed assessment and interventions listed.

<ul style="list-style-type: none"> • Conduct postpartum & newborn assessments in 45 minutes or less. 	<ul style="list-style-type: none"> • Completed postpartum & newborn check off forms as students completed assessment and interventions listed.
<ul style="list-style-type: none"> • Recognized & responded to abnormal postpartum assessment finding. • Formulated & gave SBAR^a report to physician. 	<ul style="list-style-type: none"> • Role played physician. • Provided scripted responses to the SBAR report. • Scored SBAR report.
<ul style="list-style-type: none"> • Administered Hepatitis B vaccine to newborn. 	<ul style="list-style-type: none"> • Voice of newborn (crying)
<ul style="list-style-type: none"> • Provided postpartum and newborn education. 	<ul style="list-style-type: none"> • Completed postpartum & newborn check off forms as students completed teaching points listed.
<ul style="list-style-type: none"> • Maintained client safety. • Maintained nurse safety. 	
<ul style="list-style-type: none"> • Responded, in writing, to 7 reflection questions in quiet location. • Provided with nursing diagnosis handbook. • Working computer available to chart postpartum assesment in EHR^b. • Charted newborn assessment in paper chart. • Completed written responses & charting within 30 minutes. 	<ul style="list-style-type: none"> • Escorted student to quiet room. • Provided verbal instructions to students. • Set timer & ended writing session when 30 minutes elapsed. • Reviewed and discussed charting in the EHR & on paper chart with student. • Reviewed & scored written responses based on predetermined parameters agreed upon by faculty team.
<ul style="list-style-type: none"> • Debrief with faculty observer. 	<ul style="list-style-type: none"> • Added points attained on the postpartum & newborn

<ul style="list-style-type: none"> • Followed up with remediation as indicated. 	<p>assessment check off forms & written questions.</p> <ul style="list-style-type: none"> • Debriefed with students about went well & areas for improvement. • Developed remediation plan if student did not achieve 92 total points on the postpartum or newborn assessment plus written responses.
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544 ^a Situation Background, Assessment, Recommendation and ^b Electronic Health Record

545 Table 2. *Simulation Scoring Procedures*

Postpartum Simulation Score	Postpartum Written Reflection Score	Final Postpartum Simulation Score	Newborn Simulation Score	Newborn Written Reflection Score	Final Newborn Simulation Score	Total Simulation Score
<ul style="list-style-type: none"> Sum of all psychomotor skills, interventions, & SBAR report listed on postpartum check off form. Points assigned during expert faculty observation of student’s simulation performance. 	<ul style="list-style-type: none"> Sum of responses to 3 postpartum related written reflection questions. Point values for questions ranged from 3 to 6. Faculty observing postpartum simulation assigned points to written responses in accordance with a standardized ‘answer key’ developed by faculty team. 	<ul style="list-style-type: none"> Sum of the Postpartum Simulation & Written Reflection Scores. 	<ul style="list-style-type: none"> Sum of all psychomotor skills, interventions, & SBAR report listed on newborn check off form. Points assigned during expert faculty observation of student’s simulation performance. 	<ul style="list-style-type: none"> Sum of responses to 4 newborn related written reflection questions. Point values for questions ranged from 1 to 6. Faculty observing newborn simulation assigned points to written responses in accordance with a standardized ‘answer key’ developed by faculty team. 	<ul style="list-style-type: none"> Sum of the Newborn Simulation & Written Reflection Scores. 	<ul style="list-style-type: none"> Sum of the Final Postpartum & Final Newborn Scores.
Total points: 85	Total points: 15	Total points: 100	Total points: 85	Total points: 15	Total points: 100	Total Points: 100

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551 Table 3: *Assessment of Clinical Thinking Post Simulation*

552 **Student Name:** _____ **Date:** _____

553 **Time Started:** _____ **Time Ended:** _____

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1. Indicate what you believe to be Ashley’s KEYSTONE issue in NANDA format (3 pt).
2. Explain how the physiological changes of pregnancy contribute to the keystone issue listed in question 1. Your response is to include information from Ashley’s ‘client story’ such as her medical and pregnancy history, known risk factors, your physical assessment findings, textbook and other assigned readings in this course (6 pts).

1. During your simulation, which client did you assess first (check one) (1 pt).

Ashley

Baby Kimberly

7. Explain why you choose to assess this client first (2 pts).

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565 Table 4. *Descriptive Statistics for Total Sample and Variable Characteristics (N = 80)*

Variable	Mean (\pm SD) / n (%)
Age	24.0 (\pm 6.1)
Female	69 (86.3%)
Postpartum-newborn simulation only students (vs. + clinical)	41 (51.2%)
Total overall simulation score	83.5 (\pm 14.5)
Postpartum final score (sim + written)	82.5 (\pm 12.4)
Newborn final score (sim + written)	84.8 (\pm 9.6)
High-performing students (postpartum portion)	19 (23.8%)
High-performing students (newborn portion)	23 (28.8%)
RN safety score (total possible 5)	4.9 (\pm 0.3)
Patient safety score (total possible 31)	27.8 (\pm 2.7)

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